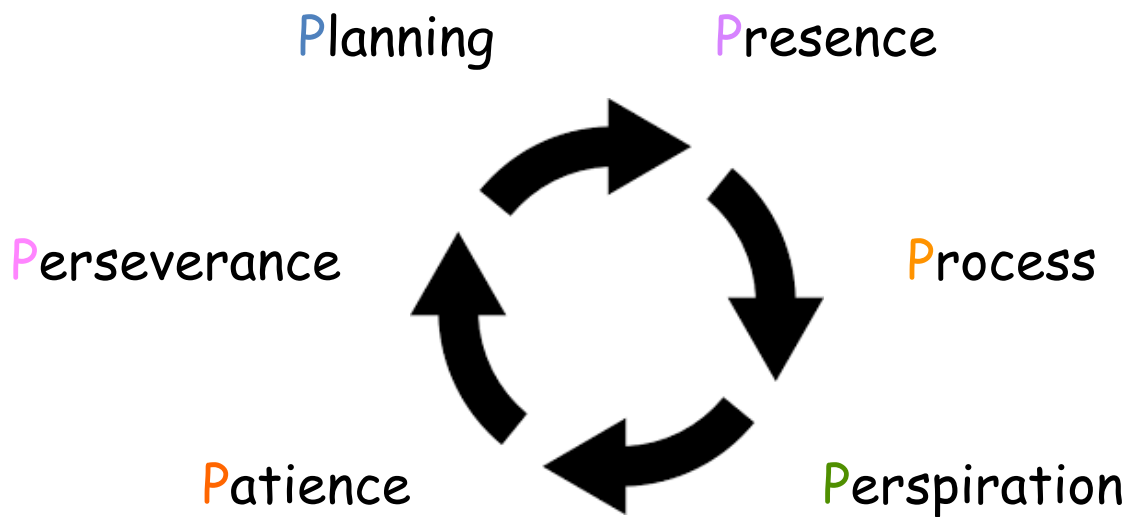


Sean Reusch's

The 6 P's of Practice



1. **P**lanning - Know what you want to work on before you get out your instrument. Make a plan!
2. **P**resence - Always strive to be focused and in the present moment whenever you practice.
3. **P**rocess - Look for things like patterns, clues from the composer, rhythms, articulations, dynamics and phrasing. Listen!
4. **P**erspiration - Becoming great in anything requires hard work!
5. **P**atience - Improve at least 1% every time you practice. Remember that getting better takes time and effort!
6. **P**erseverance - Focus on your mission when obstacles get in the way!